

Safe Sitter® Babysitting Classes



Learn Babysitting Basics at Sutter Classes

Sutter Roseville Medical Center Trauma Services will be offering one day Safe Sitter classes in 2016. Safe Sitter® is a medically accurate program that teaches boys and girls ages 11 to 14 years how to handle emergencies when caring for children.

The seven hour class teaches safe and nurturing child care techniques, behavior management skills and appropriate responses to medical emergencies. This class **does not** include CPR.

Students who successfully complete the class will receive a Safe Sitter Manual® and completion card.

Be a Safe Sitter®

- Would you know how to rescue a choking child?
- What if the child gets a bloody nose?
- Do you know how to screen babysitting jobs to decide whether to accept or refuse?
- Would you know what to say if you had to call 911?
- Do you know how to change a diaper?

Safe Sitters learn these things...and more!



Safe Sitter®

When:

Saturday, January 23, 2016
9 a.m. – 4 p.m.

Monday, March 28, 2016
9 a.m. – 4 p.m.

Thursday, August 11, 2016
9 a.m. – 4 p.m.

Where:

Sutter Roseville Medical Center
1 Medical Plaza, Dr., Roseville

Cost: \$35

Register:

checksutterfirst.org and click "Classes and Education," or call (916) 781-1382 for more information.

For more information, please contact Margaret Martan at Sutter Roseville Medical Center Trauma Services Department. You can find out more about the Safe Sitter organization at safesitter.org.