

# Why Choose an Acute Rehab Facility Over a Skilled Nursing Facility?

## Sutter Rehabilitation Institute

**Daily** – Board-certified rehabilitation physician directs your care and manages your medical needs

**Nurse-to-patient ratio** is 1:5 and includes certified rehabilitation nurses

A minimum of two therapy disciplines (often three or more) providing **at least 15 hours of therapy** each week; many therapists possess advanced certifications in brain injury, stroke and spinal cord injury rehabilitation

Treatment provided in **licensed rehabilitation facility**

More than **80 percent** of patients are discharged to their home setting

Average length of stay is **12-14 days**

## Skilled Nursing Facility

**Intermittent oversight** by physician skilled in geriatric medicine, required to see the patient within the first three days of admission and again within the next 30 days

**Nurse-to-patient ratio** is 1:30

Can be as few as one therapy discipline, averaging **5 – 10 hours of therapy each week**

Treatment provided in **nursing home**

Approximately **60 percent** of patients discharged to home

Average length of stay is **21-28 days**